

“Incontinence is one of The Biggest Health Issues In The Australian Community”

“Incontinence affects all age groups & affects a significant proportion of the Australian Population”

“An estimated 60-70% of people affected by incontinence can be cured or better managed.”

“An estimated 70% of people affected by incontinence do not discuss the issue with anyone, including their GP.”

“65% of women & 30% of men sitting in a GP waiting room report some type of urinary incontinence, yet only 31% of these people report having sought help from a health professional.”

(Byles and Chiarelli, 2000)

“Incontinence impacts self-esteem, motivation, dignity and independence.”

“Statistics do not show the deeper social effects of incontinence. This includes psychosocial problems arising from lowered levels of exercise, depression & social isolation.”

“Faecal incontinence is one of the three major causes (along with decreased mobility & dementia) for admittance to a residential aged care facility.”

(Norton and Christiansen 2002)

“LET YOU BE THE ONE WHO RECEIVES HELP TO IMPROVE YOUR SITUATION”

 **St Andrew's**
HOSPITAL - TOOWOOMBA

Enquiries:

Enquiries regarding clinic services can be made by phoning.
07 46314666

Our Continence Advisor will return phone calls regarding this service if requested on
Thursdays 8.30am -11.30am or
1.30pm - 4.30pm

Continence Clinic Times

Mondays 1:30pm to 5:30pm
Wednesdays 1:00pm to 5:00pm

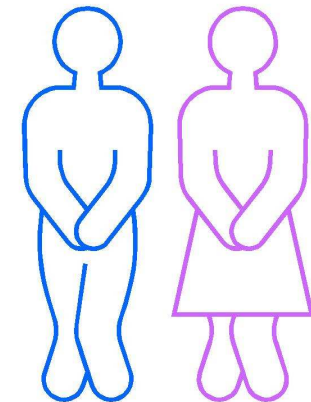
Suite 28A,
St Andrew's Toowoomba Hospital
280 North Street,
PO Box 263
TOOWOOMBA QLD 4350

Phone: (07) 4631 4666
Fax: (07) 4631 4680
E-mail: continence-clinic@sath.org.au

Unfortunately this clinic does not cater for children or adolescents. For information regarding services for these ages please contact the Toowoomba Health Service on telephone number (07) 4616 6800

 **St Andrew's**
HOSPITAL - TOOWOOMBA

**CONTINENCE
CLINIC**



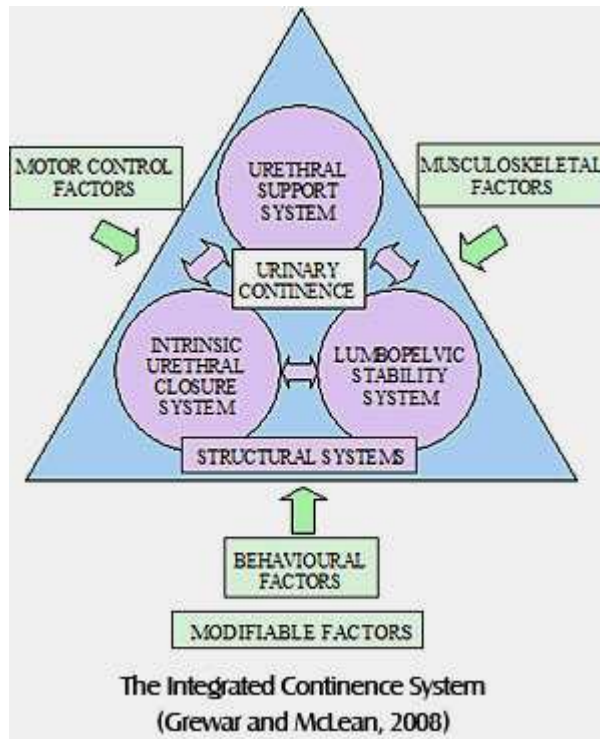
Outpatient Clinic consulting with a
Registered Nurse-Continence Advisor

(CHARGES APPLY)

"Our people do amazing things"

Appointment requirements

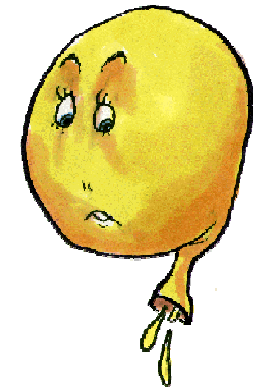
- Referrals from Specialists and GP's are required for interventional procedures eg Catheter Changing & Clean Intermittent Catheterisation Procedures
- Patients are to supply continence consumables for catheter changes/Clean Intermittent Self Catheterisation (CISC) education.
- All products must be in factory condition complete in packaging (a list will be supplied at your initial appointment or via phone consult if necessary)



What do we offer you?

- Continence advice of any type
- Assistance with choosing the right continence aid for your need
- Sampling of appropriate aids
- Pelvic Floor Exercise Education
- DVA continence Aids prescriptions and re-evaluation requirement at 2 years
- DVA sample arrangement to supply correct aid for your need
- Home care education of the Indwelling or Suprapubic Catheter (Referral required if initial education session)
- Clean Intermittent Self Catheterisation education (Referral required initial session)
- Procedure Education for Clean Intermittent Self Catheterisation **** (GP or Specialist referral required)
- Indwelling catheter and Supra pubic catheter changes **** (GP or Specialist referral required)
- Assistance with & Assessment for eligibility for **Federal Government** Funding for Continence aids. CAAS . (Changes to CAPS July 2010)
- Assistance with & Assessment for **State Government** funding for Continence aids MASS.50
- Re-evaluation & application for State Government Continence Aids. MASS. 50
- Collection of Catheter urine specimens for Pathology (GP or Specialist 'Pathology Request Form' required)
- Urological Surgical Procedure Education. (GP or Specialist referral required)
- Urine Flow study with Bladder Scan (GP or Specialist referral required) Report sent directly to doctor
- Catheter Removal with Trial Of Void and Scan + or - Flow Rate (GP or Specialist referral required)
- Trial of Void with Scanning of residual
- Bladder Scan

**** Consumables to be supplied by patient (list provided on request)



Cost

- The cost of this service will be quoted when making an appointment or by phone consultation with the Continence Advisor
- Payment of this fee will need to be made at the hospital's main reception desk prior to consultation (this may depend on the type of consultation required)
- Currently refunds are not provided by Private Health Funds or DVA

